# **GOOD SAM**

## A MINISTRY OF METROPOLITAN UMC

## **HOW CAN YOU HELP**

#### **We Need Volunteers To**

- Pick up food orders from Gleaners and Forgotten Harvest
- Stock pantry, pack bags, unload truck, and set up for serve day
- Take notes during Good Sam meetings & send correspondence
- Research and write grant proposals
- · Sign in, interview, fill shopping lists and escort clients
- · Update referrals and community notices

### You can partner by:

- Donating funds to purchase much needed food, household & toiletry items
- Tell the charitable gifts person at your place of business about the ministry and your desire support it
- Refer the ministry to a grant making institution
- Plan fund-raising activities